

# Rapport

HOUSING & CARE

Dene Holm

Northfleet



## Welcome to **Dene Holm**

Dene Holm provides residential care and support to over 65s in a homely and welcoming environment. Equipped to meet a variety of needs, the home's team of experienced care staff support residents and their families to provide a truly person-centred service. The home is spread across two storeys and is split into three wings, one of which is a specialist wing for residents living with dementia.

We pride ourselves on the welcoming environment and family atmosphere within our home, which we are sure you will experience should you come to visit. We are a pet friendly organisation, so when you call in you may spot our cat curled up on a chair taking a nap. With our residents' and staff input, we have created innovative interest areas throughout our home to create an inspiring and uplifting atmosphere for our residents. The way we see it, Dene Holm isn't like a home, it is a home.

Dene Holm is located 1.5 miles from Gravesend Town Centre, where you will find an abundance of restaurants, bars, shops and a theatre. Within walking distance, there is a library, convenience shops and food outlets. There are also several bus stops nearby, which provide easy access into town and nearby places of interest including Bluewater Shopping Centre. For when your visitors drop in, the home is suitably close to the train station and the high-speed train to London, as well as the A2, M25 and M2.

We hope you find the information in this brochure and glimpse into life at Dene Holm useful. Please do feel free to give us a call or pop in to see us for a cup of tea to find out more about the care and support we offer and see for yourself what life is really like here.





## Make Yourself **at Home**

Whether you enjoy reading a book in a cosy nook, or having a drink in the bar, our excellent range of facilities are sure to provide something for everyone.

- ◆ 42 bedrooms
- ◆ En suite rooms available
- ◆ Dining room on each floor
- ◆ Seating and interest areas throughout the home
- ◆ Garden and decked area
- ◆ Call bell system
- ◆ Provision for digital terrestrial TV, Sky and phone line
- ◆ Lift facilities
- ◆ Wide corridors with handrails and ramps throughout the home's bathrooms and toilets



## Care That is **all About you**

Here at Dene Holm, we cater for a wide range of care and support needs, welcoming residents for both short-term respite placements and on a permanent basis. Our care team also provide palliative care, often referred to as end of life care.

Our home is suitable for older people who are finding it difficult to cope alone at home and require an increased level of care and support. Our care team are on hand 24/7 to provide care and support, though we are not registered to provide nursing care.

Before you move in with us, we will meet with you and a loved one if you wish, to get a good picture of who you are. We will find out more about your likes, dislikes and aspirations, to really understand how you like to live your life. Together, we will put together a personalised care plan, which will determine the level and type of care and support we give you. As your care plan is completely person centred, if your needs change, your plan will be reviewed too.

To talk to us about your care and support needs just give us a call, our care team would be happy to help.



## What Shall we do **Today?**

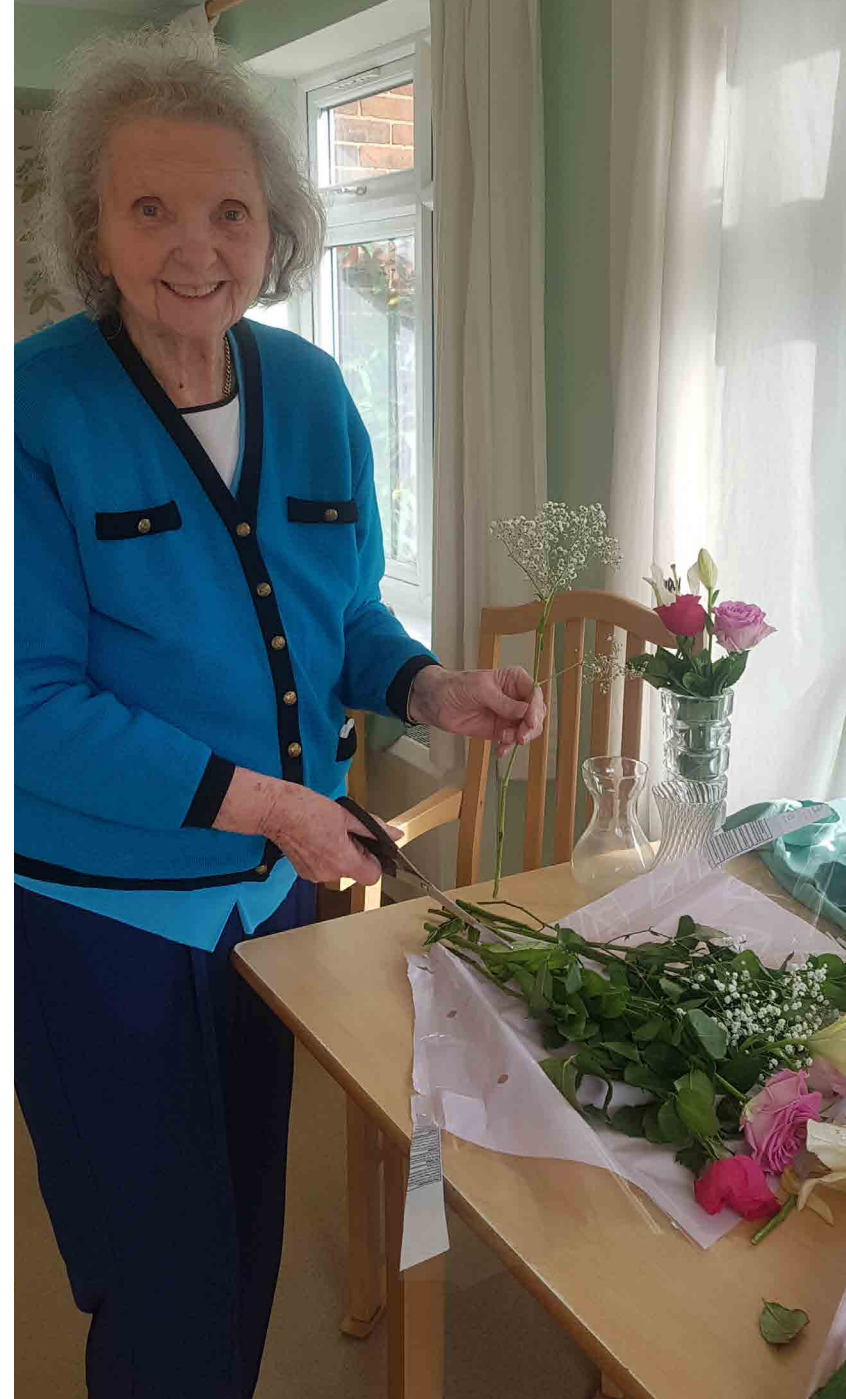
Tidying up the allotment or getting stuck into a puzzle with a cup of tea, how you like to spend your day is your choice.

Our full-time activity coordinator works with residents to organise a varied and stimulating calendar of activities and events, as well as supporting residents to continue with their own hobbies and interests.

Daily activities vary but can include gentle exercise classes, games afternoons, crafts, flower arranging and reminiscence to name a few. Connected to the local community, we have established some valuable relationships with local groups such as Brownies and school children, who often visit our residents.

When the weather is kind, our residents enjoy garden parties and barbecues, as well as taking trips to the coast and attending annual events such as the Herne Bay Air Show and Fort in the Forties, the local nostalgic festival.

Our visiting hours are unrestricted; thus, guests are welcome to drop in and join us for an activity or cup of tea, we believe this contributes to our welcoming family atmosphere.



## What's **Cooking?**

Seasonal and freshly prepared home cooked meals. Here at Dene Holm food is as much about sensation, enjoyment and socialising as it is about nutrition and sustenance, mealtimes are an activity in themselves, as everyone comes together to catch up over a delicious meal. As we encourage a sociable atmosphere, your guests are welcome to join you for a meal, for a small charge.

Menus are reflective of the season and are regularly reviewed with the residents' input. Our kitchen team like to serve the meals and talk to residents about what they enjoyed, what they would like to try and what they felt could be improved.

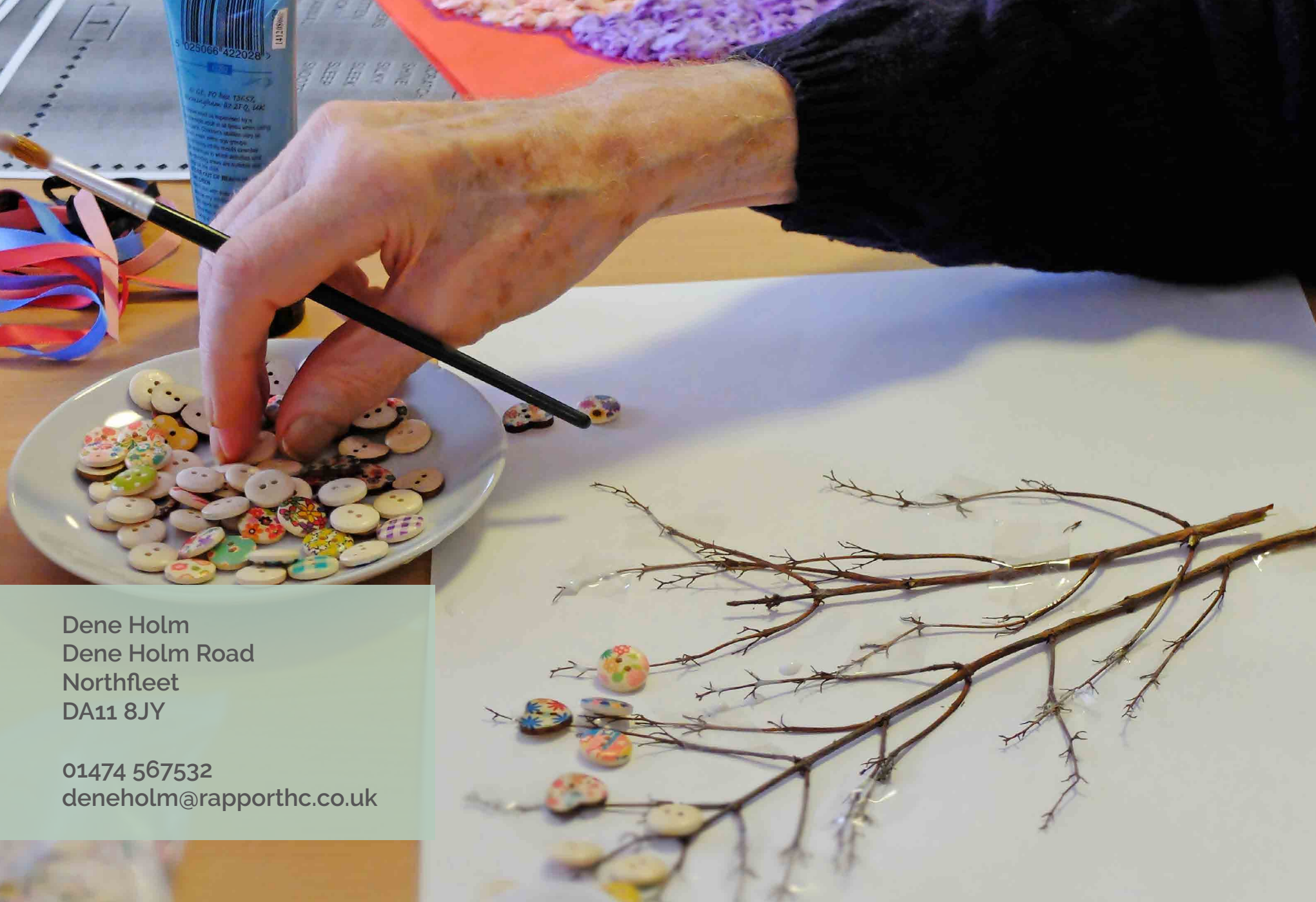
A choice is available at breakfast, lunch and dinner and if you don't fancy any of the options, just let us know and we will arrange something else for you. Snacks are freely available throughout the day and night.

Special events are often celebrated, whether that is a special meal on Valentine's Day, jacket potatoes on Bonfire Night or a stack of pancakes on Shrove Tuesday. Our team are open to suggestions, so if there is something you would like to try, just let us know.

We can cater for special diets, including those things you are not so keen on, so do feel free to discuss your requirements with our team.







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