



Rapport
HOUSING & CARE

Barnes Lodge
Tonbridge





Welcome to **Barnes Lodge**

At Barnes Lodge we offer residential care and support to over 65s in a homely and welcoming environment. Equipped to meet a variety of needs, the home's team of experienced care staff support residents and their families to provide a truly person-centred service.

Barnes Lodge is a purpose built residential care home designed with the best practice of dementia care in mind, ensuring it is modern, fit for purpose and provides a high standard of living. Set in a beautiful part of Kent, surrounded by greenery and spread over three storeys, corridors and rooms are comfortable and spacious and there is clear signage in place to help people find their way around.

We pride ourselves on the welcoming environment and



family atmosphere within our home, which we are sure you will experience should you come to visit. We believe in the benefits of having pets around, so much so that we have a coup full of chickens, which bring our residents much joy.

Just a mile from Tonbridge Town Centre and close to the A21 and A228, Barnes Lodge is in an excellent location to explore the surrounding towns of Sevenoaks, Maidstone and Tunbridge Wells, whilst also being conveniently close to the Sussex border.

We hope you find the information in this brochure and glimpse into life at Barnes Lodge useful. Please do feel free to give us a call or pop in to see us for a cup of tea to find out more about the care and support we offer and see for yourself what life is really like here.

“One of the best things about the home is that the staff take the time. They are in such a demanding role, but they are always there”

Make Yourself **at Home**

Whether you enjoy reading a book in the library, or popping to the salon for a restyle, our excellent range of facilities provide something for everyone.

- ◆ Our bedrooms are spacious and furnished with chair, desk, mirror, fully profiling bed and wardrobe
- ◆ All bedrooms have large ensuite wet rooms
- ◆ Dining room on each floor with balcony overlooking gardens and surrounding trees
- ◆ Lounges on each floor for peace and quiet or a place to chat with friends
- ◆ Hair salon and therapy room
- ◆ Library overlooking the garden
- ◆ Seating and interest areas throughout the home, inspired by interior designers and taking into account best practice in dementia care
- ◆ Family room for visitors
- ◆ Assisted bath and shower rooms with jacuzzi baths
- ◆ Extra washrooms with assisted WC by each lounge
- ◆ Landscaped gardens overlooked by established trees
- ◆ Call bell system
- ◆ Provision for digital terrestrial TV, Sky and phone line
- ◆ Lift facilities
- ◆ Wide corridors with handrails throughout the home and in bathrooms and toilets

Care That is **all About you**

Here at Barnes Lodge, we cater for a wide range of care and support needs, welcoming residents for both short-term respite placements and on a permanent basis. Our care team also provide palliative care, often referred to as end of life care.

Our home is suitable for older people who are finding it difficult to cope alone at home and require an increased level of care and support. Our care team are on hand 24/7 to provide care and support. We are registered with the Care Quality Commission, although we are not registered to provide nursing care.

Before you move in with us, we will meet with you and a loved one if you wish, to get a good picture of who you are. We will find out more about your likes, dislikes and aspirations, to really understand how you like to live your life. Together, we will put together a personalised care plan, which will determine the level and type of care and support we give you. As your care plan is completely person centred, if your needs change, your plan will be reviewed too.

To talk to us about your care and support needs just give us a call, our care team would be happy to help.

“The care has always been exceptional”

Respite Care at **Barnes Lodge**

Care home stays aren't always permanent, Barnes Lodge offers short stays too, which can be as short as a week or as long as you need us. However long your stay, our staff will be there to support you.

Respite care short breaks can provide you and your carer with a well-earned rest and an opportunity to have support from friendly staff in a safe environment. We will get to know you, because it is important to us that your care and support package are tailored to meet your needs.

Barnes Lodge provides expert respite care, 24 hours a day, seven days a week, 365 days a year in a homely and welcoming environment.

Whether it's covering a two-week holiday, a short break, or needed urgently because of sickness or a family emergency, we're here when you need us. Respite stays are often also suitable for those who have spent time in hospital and do not quite feel ready to return home yet.

Please see our respite care leaflet or talk to our team for more information.

Barnes Lodge
Tudeley Lane,
Tonbridge,
TN11 0QJ

01732 369171
barnes.lodge@rapporthc.co.uk



What's **Cooking?**

Seasonal and freshly prepared home cooked meals. Here at Barnes Lodge food is as much about sensation, enjoyment and socialising as it is about nutrition and sustenance. Mealtimes are an activity in themselves, as everyone comes together to catch up over a delicious meal. As we encourage a sociable atmosphere, your guests are welcome to join you for a meal, for a small charge.

Menus are reflective of the season and are regularly reviewed with the residents' input. Our kitchen team like to serve the meals and talk to residents about what they enjoyed, what they would like to try and what they felt could be improved.

A choice is available at breakfast, lunch and dinner and if you don't fancy any of the options, just let us know and we will arrange something else for you. Snacks are always freely available during the day and night.

Special events are often celebrated, whether that is a special meal on Valentine's Day, haggis, neep & tatties on Burns Night or a tea party for a royal celebration. Our team are open to suggestions, so if there is something you would like to try, just let us know.

We can cater for any special diets, allergies or likes and dislikes, so do feel free to discuss your requirements with our team.

What Shall we do **Today?**

Potting plants in the garden or catching up with friends over a coffee, how you like to spend your day is your choice.

Our full time social activities facilitators work with residents to organise a varied and stimulating calendar of activities and events, as well as supporting residents to continue with their own hobbies and interests.

Daily activities vary but can include gentle exercise classes, games afternoons, cheese and wine evenings, crafts, baking and flower arranging to name a few. Connected to the community, we have established some valuable relationships including the local school children, who regularly visit our residents to join them for activities.

When the weather is kind, our residents like to take trips out, as there are many places of interest nearby. This could include taking a stroll at Broadview Gardens or Manor Park, shopping in the town centre or enjoying the scenery at Knole Park.

Our visiting hours are unrestricted; thus, guests are welcome to drop in and join us for an activity or cup of tea, we believe this contributes to our welcoming family atmosphere.

“I think what has been created here at Barnes Lodge is exemplary and I wouldn’t hesitate to recommend it to anyone”





 www.rapporthousingandcare.co.uk

 www.facebook.com/rapporthousingandcare

 www.twitter.com/rapporthandc

Registered Office

Rapport Housing & Care
The Old Wharf
Station Road
Cuxton, Rochester
Kent
ME2 1AB

Tel: 01634 723007

Rapport Housing & Care is a registered charity 254140, Housing Association H2362, Company 908333.

If you require this information in a different format, please email media@rapporthc.co.uk

Information contained in this leaflet are provided as an example and for general guidelines only, customers are strongly advised to contact a Rapport Housing & Care representative for further details and to satisfy themselves as to their accuracy.