

# Sample Vegetarian Menu

## Breakfast

Range of cereals, sliced fruit, porridge,  
toast and preserves

Cooked breakfast available on request, including:  
Toast, veggie sausages, hash browns, mushrooms, beans & tomatoes

Selection of fruit juices  
Teas and coffees

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## Lunch

Cheese and onion quiche with new potatoes and salad  
*or*  
Vegetable curry *or* veggie burgers

Bread and butter pudding with custard  
Fresh fruits  
Jelly and ice cream

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## Tea

Cheese scones with a salad bowl side  
*or*,  
Vegetable soup of the day with a bread roll  
*or*,  
A range of sandwiches

Fairy cakes  
Fresh fruit  
Assorted yoghurts  
Melon boats